3RD grade take home skills assessment sheet:

Students can work on the following skills at home. Students should log onto http://kimlondo.weebly.com/skills-video.html and click on the skill link. The students can practice the information stated on the link at home and then upload a video of themselves doing the skill. To upload the video, please click on the Video Skills Submission page for directions. Then attach the video link and fill in the information. I will watch the video and if the student has successfully completed the skill I will mark them down as completed.

Name_____Grade_____Teacher_____

12	**3rd Grade: Catch Fly Balls:** ***I can catch a ball from a distance of 10 ft and reaching a height of 10 ft, 3 consecutive times.**	(MMC.3)(MMS.4) (MOP.1,3) (KMC.3)(KMS.4) (APE.1)(BRP.2)		
13	**1st-3rd Grade: Hip/Low Back Flexibility: Quad Stretch:** ***I can show correct form for the quad stretch, 3 consecutive times.**	(MMC.10)(MMS.1)(KFB.1) (KMC.10)(KMS.1)(KHR.4) (KAN.3)(AHR.4)(AAN.3)(BFB.1)		
19	3rd Grade: Respect ***I can name the first 3 behavioral indicators for respect and demonstrate respect for others most of the time (70-89% of the time) when learning, practicing and participating in physical activity.**	(KFB.01)(KID.03)(BFB.01) (Be Polite, Listen to Others, and Accept Differences)		
20	3rd Grade: Responsibility ***I can name the first 3 behavioral indicators for responsibility and demonstrate responsibility for others most of the time (70-89% of the time) when learning, practicing and participating in physical activity.**	(KPS.01, 2)(BPS.01) Finish Your Job, Think First, and Be Prepared)		
25	**3rd Grade: Overhand Throw** ***I can throw a ball overhand 30 ft. at least 3 consecutive times.**	(MMC.2,7,8)(KMC.2,7,8)(APE.1)(BRP.2)(KMS.3)(MMS.3)(KMC.2,7,8)		
26	**3rd Grade: Horizontal Jump:** ***I can demonstrate all elements of form while performing horizontal jumps that equals or exceed the following performance standards, 3 consecutive times.** **Girls:** 45 Inches **Boys:** 46 Inches	(MMC.8)(MMS.1)(MOP.1,2)(KMC.8)(KMS.1)(APE.1)(AAN.2)(BRP.2)		